# DO YOU HAVE CHRONIC LOW BACK PAIN?

### GRAND OPENING in Kitchener!

For the past few years, the Canadian Decompression and Pain Centers (CDPC) has been successfully treating chronic back and neck problems with their unique treatment system – Neuro-Oxygen Spinal Decompression. This treatment system has been so revolutionary that the success rate has been between 80-90% at CDPC. As a result, referrals have been increasing from surgeons and medical doctors across the country.

The treatment is a three phase system that is based on the technology of spinal decompression. In 2006, the technology used at CDPC won the Australian Design Award in the "Medical and Scientific" category. CDPC has the most comprehensive program available in health care as the three components involved are not available anywhere else.

#### **HOW DOES IT WORK?**

The treatment at The Canadian Decompression and PainCenter is a three-phase system. This Spinal decompression; enhancement; and a unique Neuro supplemenation system. The three phases are performed simultaneously during one's treatment.

#### Phase 1 **Neuro Decompression System:**

Spinal decompression involves a specially designed table attached to an advanced computer module. After a consultation with a doctor, each patient is given a customized treatment plan. Specific parameters are used for each given individual, taking into account the patient's weight, age, and history of condition. Then, this state of the art technology allows the table to pull and

decompress the spine by making mechanical changes.

The distractive forces performed by the table create decompression of the spine, to improve blood flow to the injured area which allows the joint to receive nutrition. The patient's position on the table, the harness, and the angle of the gentle distraction allows for accurate and focused treatment to the affected disc or discs. The overall result is a very relaxing treatment. In fact, many patients read magazines or listen to music while they are receiving the decompression.

The end result is that pain is eliminated naturally and more effectively than any other treatment available for chronic pain. It is the most effective method of long term relief.

#### Phase 2 Oxygen Enhancement:

The second phase to this system involves an oxygen enhancement, which offers patients the unique combination of inhaling pure grade oxygen (up to 92%) while being treated on the neurodecompression machine. The basis of the treatment is to encourage healing of the joint and disc, so the supplemental oxygen

increases this effectiveness in the low back or neck region. It also results in a guicker recovery from muscles stiffness, which is caused by a build up of lactic acid."

Additionally, in every patient with chronic back pain, there is a decreased function of the cerebellum (part of the brain that controls balance, sensory and motor functions of the muscles). Since the cerebellum controls all of the spinal musculature in the body, the spine is one of the most oxygen dependant areas in the body, making this phase vital for the healing of joints.

#### Phase 3 **Neuro-Supplementation:**

This is the third stage of the neuro-oxygen decompression system and consists of two parts. During the treatment program, the patient is given a bottle of natural anti-inflammatory pills that contain a synergy of 12 pure extracted herbs. These pills were developed by Bema Botanical Solutions with the help of the doctors of CDPC. Secondly, during the course of the treatment program, the patient will ingest a nutritional detoxification drink. The purpose is to expedite the healing of the joint and disc, as in the oxygen phase.

#### "Demand for Treatment Growing **Across Winnipeg and Canada**"

Vitamins such as B2, B6 and 14 others are also an important nutritional factor. Minerals are contained



which are used for maintaining bones, muscle, internal organs, skin and hair. Since chronic health problems lead to chronic pain, this stage is vital.

The three stages combined, create a unique treatment system which has never been implemented in the past. All three stages are an integral part of this system to ensure that the patient's recovery is quick, successful, and long term. It is imperative that the patient follow the

treatment as explained by the doctor. Patients may feel a difference immediately, but the main goal is to eliminate pain long term, not temporarily. The end result is elimination of pain, and an increased quality of life.

#### What are people saying about decompression?

My back pain was with me for the last ten years. FSurgery was recommended - but I was chicken and refused. Wow! I heard about the decompression treatment! After only a few treatments, my pain disappeared. It sure did work!

#### Markam

When I walked in here I could hardly walk. Now I feel there is a weight lifted off of me. I can bend and sit now in comfort. I would suggest everyone to try it because it works. Thanks to everyone who has made this possible!

Jean M. Toronto

After being in pain for many years I have finally found relief in these treatments. I actually feel taller because I am walking straighter, not bent over.

Marilyn P. Scarborough

I was scheduled for surgery for spinal stenosis ... after six treatments my pain decreased 80% ... my doctor cancelled surgery. Michelle M. **Toronto** 

#### FAQ's

#### What conditions is the system used for?

This system is excellent for any type of neurological condition, or disc and joint problem. Conditions include herniated, bulged or protruding discs, spinal stenosis, sciatica or pinched nerves (radiculopathy), and carpal tunnel syndrome. Neck and low back problems are the most common areas treated. Call CDPC and ask if your conditions are treatable.

#### **CONDITIONS TREATED:**

- Disc Bulge or Herniation
- Spinal Stenosis
- Sciatica
- **Neck Pain**
- Radiculopathy (pinched nerve)
  Carpal Tunnel Syndrome
- **Osteoarthritis**
- FibromyalgiaDegenerative Disc DiseaseScoliosis

#### How long does the treatment take?

A series of sessions are normally required. Treatment may last anywhere from two weeks to three months depending on the severity of the problem.

#### What are your doctor's qualifications?

Our team includes doctors of natural medicine, occupational therapists, medical therapists, decompression specialists and technicians and other healthcare practitioners.

#### What are the costs?

Free consultations are given so that it can be determined whether you are a candidate for treatment. Cost will then depend on your condition. Consideration is always given to seniors and those in financial difficulty.

How do I determine if I am a candidate? Book a free consulatation. bring your MRI, CT scan, or x-ray reports, as they are usually conclusive. Some tests are performed on site if you have not had any previously done (normally no charge).

Medical doctors and suraeons are enthused with high rate of success from neuro-oxygen decompression treaments

CDPC is now accepting patients that have been involved in motor vehicle accidents.





## Clinics Across Canada

(Visit our website to see all locations)

## FREE CONSULTATIONS

751 King Street West #312 (next to Grand River Hospital) 519-749-2372

Book online at www.canadiandecompression.com